Kathleen Mellor Skin Protection Policy

Policy Statement
Research continues to highlight skin protection, especially in the first 18 years of life as a major strategy in the fight against skin cancer. Outdoor Activities are part of a child’s day at kindergarten, so skin protection measures must become a part of their daily routine.

This policy will work best when implemented by staff and parents together, so we request your cooperation.

Our Policy States:
- Children will be encouraged to avoid direct exposure in the sun between 10.00am and 2.00 pm (11.00am - 3.00pm in daylight saving times) when ultra violet light levels are highest.
- Children will wear hats at all times when playing in the outdoor area.
- Children who do not have hats will play in well shaded areas (e.g. verandah)
- Outdoor activities will be placed in shady areas. On very hot days, or when UV ratings are high, only indoor and verandah activities will be provided
- Excursions/outdoor functions will be planned with shade provisions in mind.
- Shade provisions will be given priority in any forward planning for outdoor areas.
- Staff will incorporate sun and skin awareness activities into teaching activities.
- Staff will be positive role models by wearing hats and appropriate clothing
- for all outdoor activities, by directing children to shady areas and by ensuring children wear their hats.

All parents will be given a copy of this policy upon enrolment and are requested to:
- Provide a hat for everyday. The hat should shade the head, neck and face (e.g. broad brimmed and legionnaire) Hats should be named and left in children's bags
- Dress their child in shirts and tops, which protect from the sun (e.g. collars sleeves)
- Apply a broad-spectrum sunscreen of SPF 15 or more before their child comes to kindy
- Provide positive role models by practising the above measures themselves

A copy of this policy will be on display in the centre at all times.

The policy will apply to all users of the centre, including playgroups and Volunteers etc.

This policy will be reviewed and evaluated regularly by both staff and Governing Council and modified as required to ensure continued relevance to the centre.